



Anne Dancey  
PLASTIC SURGERY

## Thigh Lift Compression Garments

Why should I use a medical compression garment?



It is essential that the compression garment worn during the recovery period provides targeted compression, to reduce swelling and to help shape the thighs and form a pleasing contour.

Compression garments need important features like flat, non-marking seams, inner panels that provide the targeted compression necessary during healing, and no labels or anything that will irritate your skin during extended wear.

You will need 2 compression garments to wear as soon as it is comfortable enough to do so (normally 2 weeks after surgery). These can be purchased from the Doctors Hospital and we can measure you for them in the clinic. **Veronique** is a market leader in post-surgery compression garments and very much recommended.

Please wear the garments day and night for 4 to 6 weeks, although they can be removed to wash and then reapplied.

If you would like to speak to me or the clinic, please call 345-946-0067 between 8.30am and 4.30pm (Mon-Fri). Alternatively, please email [office@caymansurgery.ky](mailto:office@caymansurgery.ky) or go to <https://www.caymansurgery.ky/contact>.



I hope you find this information useful. If you have any questions or require a little more information, then please do not hesitate to contact me.

*Anne Dancey*

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