



## Earlobe Repair and Reduction Post-Operative Instructions

### Sutures

The incisions are closed with fine non-absorbable sutures as they give a better scar. They need to be removed by the nurse in approximately 5 to 7 days after surgery in the clinic.

### Dressings

No dressing is required.

### Medication

I recommend that you take Tylenol and Ibuprofen for 48 hours after surgery. Thereafter you should not need any further pain-relief medication.

### Scar advice

Once the dressings are removed, I recommend that you massage the incisions, using small circular motions at least twice a day for 5 minutes. You can use any moisturising cream of your choice and apply firm pressure until it blanches.

The scars will also benefit from silicone scar gel (ScarAway® or Kelo-Cote®) twice a day, which will soften and fade them, as well as applying sunblock for 12 months to provide sun protection.

The ScarAway® can be purchased from Healthcare Pharmacy at Governors Square in Grand Cayman.

### Follow up

Before you are discharged from Hospital, you will be given a follow up appointment to see the nurse one week post-operatively.

I normally see you in clinic 2 weeks following your procedure, depending on the type of surgery.

You should also be given contact numbers in the event of any problems. If you have any questions or concerns about your recovery, please do not hesitate to phone or email me and I will endeavour to respond to you the same day.



Anne Dancey  
PLASTIC SURGERY

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If it is more urgent then please contact the Clinic/Hospital. In the unlikely event of an emergency, you must visit your closest Emergency Department.



I hope you find this information useful. If you have any questions or require a little more information, then please do not hesitate to contact me.

*Anne Dancey*

**Dr Anne Dancey**

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