Anne Dancey
PLASTIC SURGERY

# Breast Reconstruction Latissimus Dorsi
## Post-Operative Bras

## Why should I use a medical bra?

### Bra for implant surgery



It is essential that the bra worn during the recovery period provides targeted compression, to reduce swelling and to help shape the breasts and form a pleasing contour.

It is important that your compression garments and bras include features such as flat, non-marking seams, inner panels that provide the targeted compression necessary during healing, and nothing that will irritate your skin during extended wear, (i.e. labels).

### Bra for surgery without implants



You will be advised to purchase 2 bras prior to surgery. If required, my nurse can size you in clinic and advise you as to which garments to purchase. I recommend **Veronique** bras. You can either buy these from the Hospital before surgery, or alternatively, we can provide you with the supplier details, should you wish to obtain your own.

Patients who are having implants should purchase the Georgette Fully Adjustable Implant Stabilising Bra. This bra has a strap at the upper pole of the breast to maintain the position of the implant as it settles.

I would recommend that you obtain 2 garments, as you will want one to wash and one to wear. The support bra needs to be worn continuously for 6 weeks after surgery, although you can remove them for washing.

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If you would like to speak to me or the clinic, please call 345-946-0067 between 8.30am and 4.30pm (Mon-Fri). Alternatively, please email office@caymansurgery.ky or go to https://www.caymansurgery.ky/contact.



I hope you find this information useful. If you have any questions or require a little more information then please do not hesitate to contact me.

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