



Anne Dancey
PLASTIC SURGERY

Gynaecomastia Compression Garments

Why should I use a medical compression garment?



It is essential that the compression garment is worn during the recovery period to provide targeted compression, reduce swelling and to help shape the chest.

Compression garments need important features like flat, non-marking seams, inner panels that provide the targeted compression necessary during healing, and no labels or anything that will irritate your skin during extended wear.

You will be advised to purchase 2 garments prior to surgery. If required, my nurse can size you in clinic and advise you as to which garments to purchase. I recommend **Veronique**[®] or **Lipoelastic**[®] garments. You can either buy these from the Hospital before surgery, or alternatively, we can provide you with the supplier details, should you wish to obtain your own.

The garment needs to be worn day and night for 4 weeks after surgery, although you can remove it for washing.

If you would like to speak to me or the clinic, please call 345-946-0067 between 8.30am and 4.30pm (Mon-Fri). Alternatively, please email office@caymansurgery.ky or go to <https://www.caymansurgery.ky/contact>.



I hope you find this information useful. If you have any questions or require a little more information then please do not hesitate to contact me.

Anne Dancey

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