



Anne Dancey  
PLASTIC SURGERY

## Abdominoplasty Compression Garments

### Why should I use a medical compression garment?



It is essential that the compression garment worn during the recovery period provides targeted compression, to reduce swelling and to help shape the abdomen and form a pleasing contour.

Compression garments need important features like flat, non-marking seams, inner panels that provide the targeted compression necessary during healing, and no labels or anything that will irritate your skin during extended wear.

You will be advised to purchase compression garments prior to surgery. If required, my nurse can size you in clinic and advise you as to which garments to purchase. You can either buy them from the Hospital before surgery, or alternatively, we can provide you with the supplier details, should you wish to obtain your own.

I would recommend that you obtain 2 garments, as you will want one to wash and one to wear. The garment needs to be worn day and night for 6 weeks after surgery, although you can remove them for washing. **Veronique** is a market leader in post-surgery compression garments and very much recommended.

If you would like to speak to me or the clinic, please call 345-946-0067 between 8.30am and 4.30pm (Mon-Fri). Alternatively, please email [office@caymansurgery.ky](mailto:office@caymansurgery.ky) or go to <https://www.caymansurgery.ky/contact>.



I hope you find this information useful. If you have any questions or require a little more information then please do not hesitate to contact me.

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